

Alisa Kamis-Brinda, LCSW, LCADC

135 S. 19th Street, Suite 350B

Philadelphia, PA 19103

(215) 285-1084

alisa@SerenitySolutionsTherapy.com

www.SerenitySolutionsTherapy.com

WORK EXPERIENCE

6/09-present Serenity Solutions, LLC, Philadelphia, Pennsylvania

Owner, CEO and Therapist. Provide individual, group and couples counseling to adults with various presenting problems. Facilitate interventions with families concerned about a loved one with an addiction. Offer clinical supervision to professionals working toward their independent clinical licenses. Provide training and presentations to the community on various mental health and addictions topics.

5/16-4/17 Platform to Employment, Philadelphia, Pennsylvania

Behavioral Health Consultant. Provided assessment and individual therapy to long-term unemployed adults enrolled in the Platform to Employment program. Presented group workshops on coping skills, stress management, depression, anxiety and anger management. Offered crisis intervention, as needed. Linked participants to ongoing treatment, as needed.

3/11-6/11 Sikora Center, Inc., Camden, New Jersey

Director of Clinical Services. Oversaw the intensive outpatient drug and alcohol and outpatient mental health programs. Provided clinical and administrative supervision to Masters level clinicians and clinicians working toward their certification as drug and alcohol counselors. Completed intake assessments for admission to treatment using the Addiction Severity Index (ASI), based on American Society of Addiction Medicine (ASAM) criteria. Represented the agency as the Drug Court Liaison, working with the court system to link clients to substance abuse services. Collaborated with referral organizations.

6/06-3/11 Sikora Center, Inc., Camden, New Jersey

Director of Mental Health Services. Oversaw the outpatient mental health program. Maintained policies and procedures in accordance with state regulations. Conducted and maintained quality assurance program. Facilitated in-service trainings on mental health and co-occurring topics to agency staff. Supervised Masters level therapists and graduate interns. Provided assessments and individual, group and family therapy to clients with co-occurring disorders. Selected for and participated in the NJ DMHS/DAS Co-occurring Disorders Task Force.

5/01-11/07 Jewish Family and Children's Services, Cherry Hill, New Jersey

Group Therapist. Facilitated Anger Management therapy groups for adults and adolescents. Facilitated the Back to Work Support Group for unemployed adults.

7/06-5/07 Path, Inc., Philadelphia, Pennsylvania

Training Consultant. Conducted anger management in-service trainings for staff working in mental health and mental retardation services.

5/01-6/06 Path, Inc., Philadelphia, Pennsylvania

Licensed Outpatient Therapist. Provided individual therapy to adults with a wide range of mental health issues. Provided information and referrals and assisted with linkage to community resources. Provided supervisory coverage on an as-needed basis. Conducted anger management in-service trainings to agency staff. Participated in decision-making for trainings for the agency as a member of the in-service committee.

8/99-2/03 Larkspur Crisis Response Center at Friends Hospital, Philadelphia, Pennsylvania
Crisis Case Manager. Provided assessment and diagnosis of individuals presenting to crisis center. Linked clients to mental health and drug and alcohol treatment facilities. Completed Pennsylvania Client Placement Criteria (PCPC) evaluations on clients with drug and alcohol issues. Arranged voluntary and involuntary hospitalizations, including involuntary commitment petitions and restraining clients. Trained new case managers.

9/97-8/99 Path, Inc., Philadelphia, Pennsylvania
Continuity of Care Specialist. Conducted face-to-face intake evaluations for adults and children with mental health and substance abuse issues. Certified to complete PCPC evaluations. Engaged in crisis intervention, including completing involuntary commitment petitions, arranging voluntary hospitalization, and physical restraint. Provided case management, linking clients to various community resources. Served as the hospital liaison to Norristown State Hospital.

INTERNSHIP EXPERIENCE

9/00-4/01 Jewish Family and Children's Services, Cherry Hill, New Jersey
Graduate Intern. Provided individual and couples therapy to adults and teenagers with a wide range of mental health and drug and alcohol issues. Developed and facilitated an anger management group. Co-facilitated group therapy sessions for separated/divorced individuals. Completed telephone and face-to-face intake evaluations. Provided referrals for community resources to clients in need. Assisted with annual conference.

9/99-4/00 Catholic Social Services, Philadelphia, Pennsylvania
Graduate Intern. Provided individual and family therapy. Conducted face-to-face and telephone intake evaluations. Provided case management services. Linked clients to community resources.

EDUCATION

Widener University, Chester, Pennsylvania

Master of Social Work, May 2001

G.P.A.: 4.0

The Honor Society of Phi Kappa Phi

Binghamton University, Binghamton, New York

Bachelor of Arts *magna cum laude* in Psychology, May 1997

G.P.A.: 3.822

Phi Beta Kappa National Honor Society

Psi Chi, The National Honor Society in Psychology

Phi Eta Sigma Freshman National Honor Society

LICENSURE AND CREDENTIALS

Licensed Clinical Social Worker (LCSW) in Pennsylvania and New Jersey

Licensed Clinical Alcohol and Drug Counselor (LCADC) in New Jersey

NASW-PA approved Clinical Supervisor

TRAININGS

Trained as an NCADD National Intervention Network Interventionist by the Council of Southeastern Pennsylvania-2010

Completed the ACT Founders Bootcamp with Steven Hayes, Kelly Wilson, Kirk Stroshal, Patricia Robinson, Dennis Tirch, James Herbert and Evan Forman-2014

Completed the post-graduate training program, Fundamentals of Postpartum Depression: Assessment, Treatment & Advanced Clinical Practice with Karen Kleiman-2015

Completed the Postpartum Support International's Perinatal Mental Health Certificate Training-2015

PROFESSIONAL AFFILIATIONS

National Association of Social Workers (NASW) member since 1999
Pennsylvania Society for Clinical Social Work (PSCSW) member since 2011
Association for Contextual Behavioral Science (ACBS) member since 2010

VOLUNTEER EXPERIENCE

- 1/08-10/12 PRO-ACT, Philadelphia, Pennsylvania
Volunteered for Recovery Walks, which in 2010 and 2011 was the National Rally for Recovery site for Faces and Voices of Recovery and was attended by 11,000 and 14,000 people. Responsibilities included budgeting, organizing volunteers and developing protocols for the event.
- 2012-Chairperson for Solutions Center Committee
 - 2011-Chairperson for the Registration and Solutions Center Committees
 - 2010-Chairperson for the Registration Committee
 - 2008 and 2009-Committee member of the Registration Committee