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Intake Form

Name: _____

Address: _____

City, State and Zip Code: _____

Telephone number: _____ cell home work (circle)
_____ cell home work (circle)

E-mail address: _____

Can I contact you at the above addresses and telephone numbers and identify myself? ___ Yes ___ No

Can I leave a voicemail message or send a text message? ___ Voicemail ___ Text

Would you like to be added to Serenity Solutions' email list to receive a monthly newsletter with helpful tips, articles and information about upcoming programs? ___ Yes ___ No

How did you hear about Serenity Solutions?

___ Psychology Today ___ Yelp ___ HelpPro ___ TherapyTribe
___ Website ___ PSCSW ___ ThriveWorks
___ Referred by: _____ Other online listing: _____

Emergency Contact person: _____ Telephone number: _____

Relationship to you: _____

Date of Birth: ____/____/____ Social Security number: ____-____-____

Gender: (circle) Male Female

Race: (circle) African American/Black American Indian/Alaska Native Asian/Asian American
Caucasian/White Hispanic/Latino Multiracial Native Hawaiian/Pacific Rim
Other _____

Religion: (circle) Agnostic/Atheist Buddhist Catholic Christian Hindi
Jewish Muslim Other _____

Sexual Orientation: (circle) Bisexual Gay Heterosexual Lesbian Questioning
Other _____

Marital Status: (circle) Single Dating Engaged Co-habiting Married
Separated Divorced Widowed Other _____

Name and Age of Partner: _____

Number of children: _____ Ages of children: _____

Employment status: (check all that apply)

Employed Full-time Part-time Temporary Disabled
 Unemployed Looking Retired Never worked Student

Educational Level: _____

Insurance Information:

Name of Insurance: _____

Name of insured (if different from client): _____

ID#: _____ Group #: _____

Reason for Entering Therapy at this time:

Have you been in therapy before? Yes No

Dates	Agency/Therapist/Psychiatrist	Reason for treatment

What did you find helpful about past therapy? _____

What didn't you like about past therapy? _____

Would you like me to request your records?

Yes (if yes, a release of information form will need to be signed) No

Symptom Checklist:

Please circle any symptom that you have now or have had in the past:

- | | | |
|--------------------|-----------------------------|---------------------------------|
| Depression | Worrying/Obsessive thoughts | Hearing voices (hallucinations) |
| Anger outbursts | Stress | Paranoid thoughts |
| Mood swings | Compulsive behaviors | Suicidal thoughts |
| Increased sleep | Nightmares/Flashbacks | Suicide attempts |
| Insomnia | Panic attacks | Cutting/self-harm |
| Increased appetite | Phobias | Relationship problems |
| Decreased appetite | Increased energy | Abuse |
| Poor memory | Alcohol use | Sexual difficulties |
| Poor concentration | Drug use | Gambling |

Do you smoke cigarettes? Yes No If yes, how many per day? _____

Do you drink alcohol or use drugs? Yes No

Name of drug/alcohol	Last use	How often?	How much?

Current medical problems: _____

Current medications: _____

Prescribing doctor(s): (Name, address, and phone number) _____

Would you like for your doctor and me to collaborate in your care?
 Yes (if yes, a release of information form will need to be signed) No

Family history: Please list family members who have struggled with any of the following problems.

Medical problems: _____

Mental Health problems: _____

Drug and alcohol problems: _____

Completed by: _____

Date: _____