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## Intake Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip Code: \_\_\_\_\_

Telephone number: \_\_\_\_\_ cell home work (circle)  
\_\_\_\_\_ cell home work (circle)

E-mail address: \_\_\_\_\_

Can I contact you at the above addresses and telephone numbers and identify myself? \_\_\_ Yes \_\_\_ No

Can I leave a voicemail message or send a text message? \_\_\_ Voicemail \_\_\_ Text

Would you like to be added to Serenity Solutions' email list to receive a monthly newsletter with helpful tips, articles and information about upcoming programs? \_\_\_ Yes \_\_\_ No

How did you hear about Serenity Solutions?

\_\_\_ Psychology Today    \_\_\_ Yelp    \_\_\_ HelpPro    \_\_\_ TherapyTribe  
\_\_\_ Website    \_\_\_ PSCSW    \_\_\_ ThriveWorks  
\_\_\_ Referred by: \_\_\_\_\_ Other online listing: \_\_\_\_\_

Emergency Contact person: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security number: \_\_\_\_-\_\_\_\_-\_\_\_\_

Gender: (circle) Male      Female

Race: (circle) African American/Black    American Indian/Alaska Native    Asian/Asian American  
Caucasian/White    Hispanic/Latino    Multiracial    Native Hawaiian/Pacific Rim  
Other \_\_\_\_\_

Religion: (circle)    Agnostic/Atheist    Buddhist    Catholic    Christian    Hindi  
Jewish    Muslim    Other \_\_\_\_\_

Sexual Orientation: (circle)    Bisexual    Gay    Heterosexual    Lesbian    Questioning  
Other \_\_\_\_\_

Marital Status: (circle)    Single    Dating    Engaged    Co-habiting    Married  
Separated    Divorced    Widowed    Other \_\_\_\_\_

Name and Age of Partner: \_\_\_\_\_

Number of children: \_\_\_\_\_ Ages of children: \_\_\_\_\_

Employment status: (check all that apply)

Employed     Full-time     Part-time     Temporary     Disabled  
 Unemployed     Looking     Retired     Never worked     Student

Educational Level: \_\_\_\_\_

**Insurance Information:**

Name of Insurance: \_\_\_\_\_

Name of insured (if different from client): \_\_\_\_\_

ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

**Reason for Entering Therapy at this time:**

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Have you been in therapy before?  Yes  No

Dates	Agency/Therapist/Psychiatrist	Reason for treatment

What did you find helpful about past therapy? \_\_\_\_\_

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What didn't you like about past therapy? \_\_\_\_\_

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Would you like me to request your records?

Yes (if yes, a release of information form will need to be signed)  No

**Symptom Checklist:**

Please circle any symptom that you have now or have had in the past:

- |                    |                             |                                 |
|--------------------|-----------------------------|---------------------------------|
| Depression         | Worrying/Obsessive thoughts | Hearing voices (hallucinations) |
| Anger outbursts    | Stress                      | Paranoid thoughts               |
| Mood swings        | Compulsive behaviors        | Suicidal thoughts               |
| Increased sleep    | Nightmares/Flashbacks       | Suicide attempts                |
| Insomnia           | Panic attacks               | Cutting/self-harm               |
| Increased appetite | Phobias                     | Relationship problems           |
| Decreased appetite | Increased energy            | Abuse                           |
| Poor memory        | Alcohol use                 | Sexual difficulties             |
| Poor concentration | Drug use                    | Gambling                        |

Do you smoke cigarettes?  Yes  No If yes, how many per day? \_\_\_\_\_

Do you drink alcohol or use drugs?  Yes  No

Name of drug/alcohol	Last use	How often?	How much?

**Current medical problems:** \_\_\_\_\_

\_\_\_\_\_

Current medications: \_\_\_\_\_

\_\_\_\_\_

Prescribing doctor(s): (Name, address, and phone number) \_\_\_\_\_

\_\_\_\_\_

Would you like for your doctor and me to collaborate in your care?  
 Yes (if yes, a release of information form will need to be signed)  No

**Family history:** Please list family members who have struggled with any of the following problems.

Medical problems: \_\_\_\_\_

Mental Health problems: \_\_\_\_\_

Drug and alcohol problems: \_\_\_\_\_

Completed by: \_\_\_\_\_

Date: \_\_\_\_\_